

Feedback & Assessment

Date: December 7th, 2015

General (Optional):

Name: _____ Contact #: _____

Agency: EAST JEFFERSON HAVEN DISTRICT POLICE Yrs. In Law Enforcement: 34Yes, please contact regarding: Personal EQ Coaching Training At Our Agency/Academy

Content & Presentation:

- Can you use the information presented today – is it beneficial? (If so, please explain)

YES, PERSONAL + PROFESSIONAL IN AREAS OF TRAINING, COMMUNICATIONS, INTERAGATION + DEBRIEFINGS

- What information stands out the most – made the biggest impact on today?

EMOTIONAL UMBRELLA & HOW IMPORTANT THEY ARE IN MY WORLD.

- In your opinion, can others in Law Enforcement benefit from this training? (If so, please explain)

YES, E.I. PROVIDES A DEEPER REASON INTO BEHAVIOR + ACTIONS OF OTHERS

- What is one action item you will take away from today's training?

SELF-AWARENESS, SELF REGULATION & MOTIVATION

SIX CYLINDER

- Please evaluate the presenter's ability to deliver the information (examples, pace, material)

VERY ANIMATED, PRESENTED MATERIAL VERY WELL

Please feel free to use the backside of this sheet for additional space.

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Date: December 7th, 2015

General (Optional):

Name: _____ Contact #: _____

Agency: Zachary Police Dept. Yrs. In Law Enforcement: 17

Yes, please contact regarding: Personal EQ Coaching Training At Our Agency/Academy

Content & Presentation:

- Can you use the information presented today – is it beneficial? (If so, please explain)
Yes, As a supervisor I think it will assist w/ improving relationships with subordinates and administration
- What information stands out the most – made the biggest impact on today?
Combining emotional and physical (combat) training.
- In your opinion, can others in Law Enforcement benefit from this training? (If so, please explain)
yes. I think the lack of emotional training has lead to bad decision making in stressful situations. If the emotional training happens it would assist officers when in stressful situations to not over react out of being ill equipped on how to deal with those feelings
- What is one action item you will take away from today's training?
Empire class was beneficial.
- Please evaluate the presenter's ability to deliver the information (examples, pace, material)
Material is very detail. Need more time to truly grasp the concept.

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Date: December 7th, 2015

General (Optional):

Name: _____

Contact #: _____

Agency: Louisiana State PoliceYrs. In Law Enforcement: 20Yes, please contact regarding: Personal EQ Coaching Training At Our Agency/Academy

Content & Presentation:

- Can you use the information presented today – is it beneficial? (If so, please explain)

most definitely!

- What information stands out the most – made the biggest impact on today?

The mental 5, to be able to put this info into action.

- In your opinion, can others in Law Enforcement benefit from this training? (If so, please explain)

yes, to restrain negative thinking and learn to balance life.

- What is one action item you will take away from today's training?

Controlling and redirecting chatter!

- Please evaluate the presenter's ability to deliver the information (examples, pace, material)

Great presentation. Just the tip of the iceberg. Would like to delve into the meat of subject.

Please feel free to use the backside of this sheet for additional space.

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Date: December 7th, 2015

General (Optional):

Name: _____ Contact #: _____

Agency: EAST JEFFERSON LEVEE DISTRICT PD Yrs. In Law Enforcement: 20+

Yes, please contact regarding: Personal EQ Coaching Training At Our Agency/Academy

Content & Presentation:

- Can you use the information presented today – is it beneficial? (If so, please explain)
ABSOLUTELY! WILL LEAVE TODAY AND WILL PRACTICE CONTINUALLY THE 5 MENTAL SKILLS FOR THOUGHT/EMOTION REGULATION. "OLD DOGS CAN LEARN NEW TRICKS" (MENTAL REGULATION/RECOGNITION).
- What information stands out the most – made the biggest impact on today?
EMOTIONAL HIJACK- TRIGGERS- RESPONSE- CONTROL
CHATTER RECOGNITION/RESPONSE
DEALING WITH IT!
- In your opinion, can others in Law Enforcement benefit from this training? (If so, please explain)
ALL WILL BENEFIT. OLD DOGS AND NEW PUPPYS (SEE ABOVE)
NEGOTIATORS WOULD REALLY BENEFIT.
- What is one action item you will take away from today's training?
RELAX. WITH PRACTICE YOU CAN HANDLE IT. TRY TO LIVE WITH THE "CHATTER".
- Please evaluate the presenter's ability to deliver the information (examples, pace, material)
TEACHES BY MAKING YOU BELIEVE. GREAT VERBAL/PHYSICAL ANIMATION.
GREAT ITEM BY ITEM PRESENTATION. IT ALL TIES TOGETHER. MOST OF CLASS PARTICIPATED.

Please feel free to use the backside of this sheet for additional space.



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Date: December 7th, 2015

General (Optional):

Name: _____ Contact #: _____

Agency: Military - La National Guard Yrs. In Law Enforcement: 0

Yes, please contact regarding: Personal EQ Coaching Training At Our Agency/Academy

Content & Presentation:

- Can you use the information presented today – is it beneficial? (If so, please explain)
yes in all of my affairs Day / Night in
Ever thought and Action
- What information stands out the most – made the biggest impact on today?
Now Knowing I have the ability to change my
Thought Patterns going into any situation
I have the ability to Replace old habits with New ones
- In your opinion, can others in Law Enforcement benefit from this training? (If so, please explain)
for Sales in the oil and gas industry I
can use these benefits in a Low commodity Downtown
and Train my Brain to Visualize outcomes to
Good and Successful vs Down + Unsuccessful
- What is one action item you will take away from today's training?
The Skill of changing my thoughts for specific
Situations, Even when I'm sitting & Real
- Please evaluate the presenter's ability to deliver the information (examples, pace, material)
Very informative - Timing and all-

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General (Optional):

Name: _____ Contact #: _____

Agency: LA STATE POLICE Yrs. In Law Enforcement: 11

Yes, please contact regarding: Personal EQ Coaching Training At Our Agency/Academy

Content & Presentation:

- Can you use the information presented today – is it beneficial? (If so, please explain)

ABSOLUTELY, ALTHOUGH A LOT OF THEORY IS PRESENTED
IT IS COMPLETELY PRACTICAL.

- What information stands out the most – made the biggest impact on today?

THE ABILITY TO CHANGE AN EMOTIONAL REACTION AND CORRECT IT
WITH YOUR THOUGHTS & AWARENESS/REGULATION.

- In your opinion, can others in Law Enforcement benefit from this training? (If so, please explain)

YES, IT COULD BE VERY BENEFICIAL FOR SPLIT SECOND
DECISION MAKING, OFTEN WHERE EMOTIONS TAKE OVER.
THE ABILITY TO KNOW THAT THIS EXISTS.

- What is one action item you will take away from today's training?

SELF REGULATION

- Please evaluate the presenter's ability to deliver the information (examples, pace, material)

GREAT PRESENTATION, VERY WELL SPoken & INFORMATIVE.
DELIVERS INFO WELL THROUGH EXPLANATION.

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