



EQ⁴ Policing One -Day Workshop

Introducing the emotional intelligence competency model into the policing profession.

Realizing the benefits of emotional intelligence skill sets; and how to apply the benefits into an officer's personal and professional agendas.

Basic I Who should attend:

- **Commanders** - All levels of management
- **Mid-level** - All levels of supervision
- **Patrol Officers** - All levels
- **Psych Professionals** - All professions
- **Law Professional** - All professions
- **First Responders** - All public servants

EQ⁴ Policing One-Day Workshop Basic I

Course Objectives:

This one (1) day workshop will introduce police officers to the skills framework of emotional intelligence (E.I.) and how these five (5) skill sets are critical for efficient conflict resolution, creative problem solving and effective communication with self, and others.

This course will review brain training techniques used by the US Department of Defense and other proven, critical decision-making models that officers can immediately use to develop their personal emotional quotient.

- A. **Emotional Intelligence** - The latest findings on the stress response system and how this impacts the policing profession.
- B. **The Negative-Bias** - Understanding the brain's negative bias to trauma and the emotional highjack when dealing with emotionally intense situations common in the policing profession.
- C. **Mental5** - A critical decision-making model supporting a framework of five (5) mental skills for regulating disruptive thoughts and distracting emotions common in police work.
- D. **Six Cylinder Theory** - A critical decision making model for regulating the work / balance lifestyle; also supports instruction on the moral compass aligning personal values with the policing professions professional code of conduct.

Empirical research validates the mental and emotional hazards of the policing profession and the need for education reform. This proactive intervention is designed to offer police professional's pre-incident education and post-incident support based on the new science. This course has been tailored to the policing profession.

Seminar Agenda:

8:00-8:30	Registration Emotional Intelligence
8:30-10:30	Skills Framework for Policing
10:30-12:00	Mental5 - Critical Decision Making Model & Skills Framework for policing
12:00-1:00	Lunch (on your own)
1:00-2:00	Case Study: US Dept of Defense - Brain Training Techniques: Big4
2:00-3:30	Six Cylinder Theory - Critical decision making model for work life balance in policing.

3 Ways to Register:

1. On line @ www.Mind4Emotions.com
2. Email the completed enrollment form to enrollment@tmctraining.net
3. Mail the completed enrollment form to:
EQ⁴ Policing One-Day Workshop
703 Versailles Blvd. Suite B
Alexandria, LA 71303

Upon receiving your form we will send an invoice for processing. Payment must be received prior to the training event.

Checks payable to:
Taylor-Made Concepts, LLC
Fed ID# 26-1507036

Questions, or to order by phone please call
866.487.2815



The full course curriculum is designed to:

- Heighten awareness
- Increase knowledge
- Improve skills & competencies
- Change attitude and behavior
- Opportunity to improve quality of life
- Reduce risk of illness
- Improve performance

Enrollment Form:

Name of Agency: _____

Workshop Title: EQ4 Policing Basic I

Attendees: (reverse side to add more)

Instructors: Multiple

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

Registration Fee: \$99.00 per person

When:

Where:

Hotels:

***Your details go here -
call now to confirm
your date(s)!***

Invoice attention to: _____

At least 35 enrollments are required to conduct this workshop on location. For more call 866.487.2815 for more information.

Email: _____

Phone: _____ Ext _____

Comment(s): _____



Emotional Intelligence Skill Assessments:

Featuring a customized professional development plan for police professionals. For more information call 866-487-2815

Instructor(s):

Master Trainer & Consultant: Parrish Owen Taylor is a 23-year veteran in adult learning - currently serving client relations in the US & Canada. Focused in the field of training and development

he is a subject matter expert in applied learning for emotional intelligence - most beneficial for leadership roles and high performance individuals and teams. Parrish obtained a BS in Communications from Purdue University in 1988. In 1993, he founded Taylor-Made Concepts, LLC and has since serviced clients in the public and private sector. Industry experience includes Oil & Gas, Electric Utility, Law Enforcement and Sports & Athletics. In 2001 The Louisiana Workforce Commission designated Taylor-Made Concepts, LLC as one of the first privately held training providers for the State of Louisiana. Still serving as an agent of the State, Parrish works with employers delivering emotional intelligence based training initiatives. A published author he currently serves as an international workforce development consultant, executive coach and EQ trainer.

- Guest Instructors: Yes (based on availability)
- Roll Playing: Yes (hands-on applications)
- Best Practice: Yes (small group discussions)
- Online Resources: Yes (on demand access)

Workshop Includes:

For more information on this workshop or other products

866.487.2815

or visit online at www.TMCtraining.net