



MINDSET TRAINING

Designed by: Taylor-Made Concepts, LLC

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Dear Coach,

We both know how young athletes have changed over the years –

There are many speculations on why but the bottom line is we see new records and young athlete's raising the bar and impacting statistics every day!

If you played the sport you now coach – you will recognize my methods as something you did or watched other athlete's do.

We've now standardized a method for you and your coaches to develop mental skills (mental toughness, focus, concentration). The soft-skills we learned about in the 80's and 90's have now become the technical skills for top performing athletes.

My Personal Journey:

- 80's Athlete – experienced first hand what it means to get in the head
- 90's Coached – learned how to relate difficult mental concepts to young athletes
- Today – developed a simple mindset training system for both

Getting in the head is the next frontier –

It is your competitive advantage when it comes to your program and your potential to develop a winning team, one player at a time. Our MindSet Program is designed specifically for coaches to begin seamlessly implementing into your daily practice drills.

It's simple to learn more with one easy call – no obligations, no risk, simply find out more about this innovative brain training.

My personal cell number is below. I look forward to hearing from you.

Parrish Owen Taylor

Managing Director
Designer | Master Trainer
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FREE DOWNLOAD: Mental5 for Athletes – Text me your Name, Sport and School and I will send you a free download link for my book, “Mental” Learning to Regulate Chatter.